




February 2018

Platte Senior Center Menu

You must call 270-4100 by 11:00am the business day before to order or cancel a meal.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Chicken Florentine Roasted Potatoes Calif. Vegetables Fresh Grapes Wheat Dinner Roll Oatmeal Cookie	Taco Salad Beef, Beans, Lettuce, Tomatoes, Cheese, Onions, Chips & Salsa Mandarin Oranges
5	6	7 \$5.00	8	9
Ham & Beans w/ Onions Cooked Spinach Cantaloupe Corn Muffin	Pork Cutlet & Gravy Sweet Potato Bake Brussel Sprouts Strawberries & Pears Wheat Bread	<u>Slice of Life</u> Pizza & Dessert	Sloppy Joe on a Wheat Bun Calif. Blend Veg. Corn Strawberries & Pineapple	Pork Carnitas w/ Peppers, Onions & Lettuce Wheat Tortillas Black Beans Peaches
12	13	14	15	16
Meatloaf Mashed Potatoes w/ Gravy Green Beans Cinn. Apples Wheat Roll	Baked Lasagna Salad Italian Vegetables Mandarin Oranges Breadstick	BBQ Riblette on Bun Baked Potato Winter Blend Veg. Oatmeal Cookie	Oven Fried Chicken Mashed Potatoes w/ Gravy Green Beans Cake Ice Cream	Cheeseburger Pasta Green Beans Tomato Salad Fresh Pear Breadstick
19 CLOSED	20	21 \$5.00	22	23
NO MEAL SERVICE	Herb Crusted Tilapia Brown Rice Pilaf Broccoli Spears Fresh Banana Multi Grain Bread	CHILI COOK-OFF Chili w/ Toppings Corn Bread Dessert	Chicken Baked Chicken w /Gravy Parsley Potatoes Capri Vegetables Strawberries & Pineapple Wheat Bread	BBQ Pulled Pork on a Wheat Bun Broccoli Salad Steak Fries Fresh Orange
26	27	28		
Salisbury Steak Mashed Potatoes w/ Gravy Green Beans Strawberries & Pears Multi Grain Bread	Cheeseburger on Wheat Bun w/ Lettuce, Tomato & Onion Potato Wedges Fresh Orange	<u>Baseball Day</u> Hot Dogs Chips Fruited Jell-O Dessert		 All meals served with 1% milk.

Menu is subject to change; substitutions may be made if approved by dietician.