



(816) 270.4100

# September, 2021

## Menu for PSSI, INC.

### MOW/Home-Delivered Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>***PLEASE NOTE***</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>1% MILK SERVED WITH ALL MEALS</b> 	<b>YOU MUST CALL 816.270.4100 BY 11:00AM THE BUSINESS DAY BEFORE TO ORDER / CANCEL A MEAL.</b>	Beef Stew / Veggies Tossed Salad Banana Corn Muffin Salad Dressing	Chicken Patty Potatoes O'Brien Broccoli Watermelon WG Hamburger Bun Miracle Whip	Chicken Parmesan Penne Pasta WG Brussel Sprouts Tossed Salad Banana WG Bread French Dressing
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
LABOR DAY	Salisbury Steak Brown Gravy (lo sod) Sweet Potatoes Broccoli Citrus Fruit Cup WG Wheat Bread Graham Crackers	Pulled Pork White Corn w/Peppers Mexican Coleslaw Apple Slices WG Hoagie Roll	WG Mostaccioli w/meat sauce Italian Veggies Tossed Salad Pineapple/Mango or Mix Italian Bread/Dressing Graham Crackers	Seas Diced Chicken Cheddar Cheese RF Tossed Salad Chuckwagon Corn Stewed Apples Wheat Tortilla Taco Sauce/Ranch Drsg
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
Tilapia, Battered Sweet Potato Spinach Trop Fruit Mix W WG Bread Tartar/Vinegar Shortbread Cookies	BBQ Beef Potato Salad California Blend Veggies Banana WG HB	Mexican Taco Salad Shredded Cheese Lettuce/Tomato Mexicali Mix Orange Light Nacho Chips Taco Sauce	BBQ Chicken Prince Ed Mix Potato Salad Trop Fruit Mix Whole Grain HB	Tuna Noodle Casserole Cauliflower/Peas Cucumber onion salad Banana WG Wheat Bread
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
Beef Mac Casserole Scandanav-veg Pears Banana Pudding Vanilla Wafers Wheat Bread	Meatloaf Mashed Potatoes Brown Gravy-Low Sod Fiesta Veggies Pears/Strawberries Wheat Dinner Roll	Chicken Strips Sweet Potato Wedg Tossed Salad Orange Multigrain Bread 1000 Dress;Honey Mus Graham Crackers	Sloppy Joe's Potatoes AuGratin Scandinavian Veggies Peaches & Strawberries WG HB	Oven Fried Chicken Mashed Potatoes Low Sod. Gravy Broccoli W WG Bread Strawberry Ice Cream White Cake
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	
Chicken Fried Steak Mashed Potatoes Country Gravy Green Beans Citrus Fruit Cup Wheat Dinner Roll	Beef Patty Tossed Salad Steak Fries Banana WG HB Bun Ranch Dressing Ketchup/Mustard	Fish (Breaded) Coleslaw Spinach Tropical Fruit Cup WWG Bread Tartar / Vinegar	Seasoned Chicken Breast Potatoes AuGratin Broccoli Pineapple/Mango Mix WWG Bread Graham Crackers	

**Menu is subject to change; substitutions may be made if approved by dietician.**