

**MENU for PSSI MOW/HDM Meals**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>1</b> Swiss Steak w/Tomato Mashed Potatoes Carrots Orange WG Bread Tapioca Pudding	<b>2</b> Beef Stew w/vegs Tossed Salad Banana Corn Muffin Ranch Dressing	<b>3</b> Chicken Patty Potatoes O'Brien Broccoli Watermelon WH HB Miracle Whip	<b>4</b> WG Mostaccioli w/meat Italian Vegetables Tossed Salad Pineapple/mango mix Italian Bread Italian Dressing Graham Crackers	<b>5</b> Chicken Parmesan WG Penne Pasta Broccoli Tossed Salad Banana WG Bread French Dressing
<b>8</b> Pulled Pork White Corn w/Pepper Coleslaw Apple slices WG Hoagie Roll	<b>9</b> Mexican Taco Salad Shredded Cheddar Lettuce/D Tomatoes Pinto Beans Orange Nacho Light Chips Taco Sauce	<b>10</b> BBQ Chicken Prince Edward Mix Potato Salad Tropical Fruit Mix WG Hamburger Bun	<b>11</b> Diced Chicken Cheddar Cheese Lettuce/Tom/Carrots Chuckwagon Corn Stewed Apples WW Tortilla Ranch Dressing Taco Sauce	<b>12</b> BBQ Beef Potato Salad Calif Blend vegs Banana WH HB
<b>15</b> Tilapia, Battered Creamy coleslaw Sweet Potatoes Tropical Fruit Mix WG White Bread Oatmeal/Raisin Cookie Tartar Sauce/Vinegar	<b>16</b> Meatloaf Gravy (Brown)Lo Sod Fiesta Vegetables Mashed Potatoes Pears/Strawberries Wheat Dinner Roll	<b>17</b> Chicken Strips Sweet Potato Wedges Tossed Salad Orange Multigrain Bread Graham Crackers 1000 Island Dressing Honey Mustard	<b>18</b> Beef-mac/casserole Scandinavian vegs Pears Vanilla Wafers Banana Pudding WG Wheat bread	<b>19</b> Sloppy Joes Potato Salad Carrots Apple Slices WG HB Bun
<b>22</b> Chicken Fried Steak Gravy (country) Mashed Potatoes Green Beans Citrus Fruit Cup Wheat Dinner Roll	<b>23</b> Tuna Noodle Casserole Cauliflower/Peas Cucumber/Onion Sal. Banana WG Wheat Bread	<b>24</b> Beef Patty Tossed Salad Steak Fries Banana WG Hamburger Bun Ranch Dressing Ketchup & Mustard	<b>25</b> Fish (Breaded) Cold Pickled Beets Green Beans Fruit Cup/Citrus WWG Bread Graham Crackers Tartar Sauce	<b>26</b> Chicken Oven Fried Gravy Mashed Potatoes Green Beans White Cake White WG Dinner Roll Strawberry ice cream
<b>29</b> Chicken Breast Seasoned Potatoes AuGratin Broccoli Pineapple/mango mix WG Multigrain Bread Graham Crackers	<b>30</b> Scrambled Eggs Turkey Sausage Hash Browns Oatmeal Square Applesauce WG Biscuit	<b>31</b> Beef Stew w/vegs Tossed Salad Banana Corn Muffin Ranch Dressing	<b>Margarine &amp; 1% Milk served w/all meals</b> 	<b>SEPTEMBER'S AROUND THE CORNER!</b>

**Menu is subject to change; substitutions may be made if approved by dietician.**