



**2023**

**(816)270-4100 MENU for PSSI MOW/Home-Delivered Meals**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b>
<p><b><u>YOU MUST CALL</u></b>  <b><u>816.270.4100 BY</u></b>  <b><u>11 AM THE BUSINESS</u></b>  <b><u>DAY BEFORE TO</u></b>  <b><u>ORDER/CANCEL A</u></b>  <b><u>MEAL</u></b></p>				Beef stew w/veggies Tossed Salad Banana Corn Muffin Ranch Dressing Oatmeal Raisin Cookie
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<p><b>CLOSED FOR LABOR DAY</b></p>	Salisbury Steak Brown gravy Sweet potatoes Broccoli Citrus fruit cup WG Wheat Bread	Pulled Pork White Corn/Peppers Mex. Cole Slaw Apple Slices Hoagie Roll /WhlGrn	Chicken Patty Potatoes O'brien Broccoli Watermelon WG Bun Ranch Salad Dressing	Mexican Taco Salad Shredded Cheddar Lettuce/D Tomatoes Pinto Beans Orange Nacho Light Chips Taco Sauce
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
Meatloaf Brown Gravy Country blend veggies Mashed Potatoes Peaches/Strawberries Wheat Dinner Roll	Chicken Parmesan Penne Pasta Broccoli Tossed salad Banana Graham Crackers WG Whit Bread	BBQ Chicken Carrots Potato Salad Tropical Fruit Mix WG Hamburger Bun	<p><b>CLOSED</b></p> <p><b>PLATTE CITY SENIOR FAIR</b></p>	BarBQ Beef Potato Salad Calif. Blend Banana WG Bun
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
Fish Creamy Coleslaw Sweet Potatoes Tropical Fruit Mix White WhGr Bread Shrtbrd Cookies Tartar Sauce	Tuna Noodle Cass. Cauliflower/Peas Cucumber/Onion Sal. Banana Wheat Bread (WG)	Chicken Strips Potato Wedges Tossed Salad Orange Multigrain Bread Graham Crackers French & Honey Mustard	<p><b>CLOSED</b></p> <p><b>RIVERSIDE SENIOR FAIR</b></p>	Sloppy Joe Potato Wedges Scandinavian vegg Apple slices WG HB Bun
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
Seas. Chicken Breast Potatoes Au Gratin Broccoli Citrus Fruit Cup WG Wheat Bread Oatmeal Raisin Cookie	Beef Pattie Tossed Salad Sweet Potato Wedges Banana WG Hamburger Bun Ranch Dressing Ketchup & Mustard	Chicken Fried Steak Gravy(country)LS Mashed Potatoes Green Beans Citrus Fruit Mix Wheat Roll/WG	Fish (Breaded) Coleslaw Spinach Tropical Fruit Mix WG Bread Tartar Sauce	Chicken Oven Fried Gravy (LS Chicken) Mashed Potatoes Green Beans Strawberry Ice Cream White Cake Wheat Dinner Roll

**Menu is subject to change; substitutions may be made if approved by dietician.**

**\*Margarine & 1% Milk served w/all meals**