



February 2024

(816)270-4100 MENU for PSSI MOW/Home-Delivered Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Tuna Noodle Cass. Cauliflower/Peas Cucumber/Onion Sal. Banana Wheat Bread (WG)	2 Swiss Steak w/Tom. Mashed Potatoes Peas/Carrots Apple Slices Multigrain Bread Tapioca Pudding
5 BBQ Chicken Veggie Mix Potato Salad Trop. Fruit Mix Hamburger Bun (WG)	6 Chicken Fried Rice. Stir Fry Veg. Coleslaw vin/drsng Pineapple man-o-mix White WG Bread	7 Beef Mac Casserole Scandnav/Veggies Vanilla Wafers Banana Pudding Pears Wheat bread	8 Mexican Taco Salad Shredded Cheddar Lettuce/D Tomatoes Pinto Beans Orange Nacho Light Chips Taco Sauce	9 Beef Pattie Tossed Salad Steak Fries Banana WG Hamburger Bun Dressing/1000 Islnd Ketchup & Mustard
12 Meatloaf Brown Gravy Country blend veggies Mashed Potatoes Peaches/Strawberries Wheat Dinner Roll	13 Mostaccoli/Whl Grain W Meat Sauce Italian Veggies Salad Tom/Carrots Pineapple/man or mix Italian Bread/Dressing Graham Crackers	14 Tilapia (Battered) Coleslaw-creamy Sweet Potatoes Peaches/Strwbrry White WG Bread Oat/Raisin Cookie Tartar Sauce	15 Eggs Scrambled Sausage Links/Turkey Hash browns Applesauce WG Biscuit Oatmeal Square Jelly	16 Fish (Breaded) Coleslaw/Vin Drssng Spinach Citrus Fruit Mix Corn Muffin Tartar Sauce
19 	20 Chicken Fried Steak Gravy(country)LS Mashed Potatoes Green Beans Citrus Fruit Mix Wheat Roll/WG	21 Chicken Diced/Seasoned Chddr Cheese -RF Salad Tom/Carrots Chuckwgn Corn Apples (Stewed) Tortilla Whole Wheat	22 Beef stew w/veggies Tossed Salad Banana Biscuit Whl/Grain Ranch Dressing	23 Chicken Oven Fried Gravy (LS Chicken) Mashed Potatoes Green Beans Orange Cake Wheat Dinner Roll Ice Cream (FFSF)
26 Seas. Chicken Breast Potatoes Au Gratin Broccoli Citrus Fruit Cup WG Wheat Bread Short Bread Cookies	27 Chili/ Beans Shredded Cheddar Salad Tom/Carrots Peach Cobbler Crackers Wht/Whl Grm Salad Dress. French	28 Chicken Strips Potato Wedges Salad Tom/Carrots Orange Multigrain Bread Graham Crackers French Salad Drsng. Honey Mustard	29 Pulled Pork White Corn w/Pepper Coleslaw w vin /drsng Apple Slices Hoagie Roll (WhlGr)	30 <u>YOU MUST CALL</u> <u>816.270.4100 BY</u> <u>11 AM THE BUSINESS</u> <u>DAY BEFORE TO</u> <u>ORDER/CANCEL A</u> <u>MEAL</u>

Menu is subject to change; substitutions may be made if approved by dietician.

*Margarine & 1% Milk served w/all meals