



2024

## (816)270-4100 MENU for PSSI MOW/Home-Delivered Meals

| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  |
|--|---|---|--|---|
|  |   | 1   | 2  | 3   |
| <p><b><u>YOU MUST CALL 816.270.4100 BY 11 AM THE BUSINESS DAY BEFORE TO ORDER/CANCEL A MEAL</u></b></p>        | <p><b>May is Salad Month</b></p>  | <p>Seas. Chicken Breast<br/>Potatoes Au Gratin<br/>Broccoli<br/>Pineapple/man-o-mix<br/>WG Wheat Bread<br/>Short Bread<br/>Cookies</p>      | <p>Mostaccoli/Whl Grain<br/>W Meat Sauce<br/>Italian Veggies<br/>Salad Tom/Carrots<br/>Pineapple/man or mix<br/>Italian Bread/Dressing<br/>Graham Crackers</p> | <p>BBQ Chicken<br/>Carrots<br/>Potato Salad<br/>Trop. Fruit Mix<br/>Hamburger Bun (WG)</p>  |
| 6  | 7   | 8   | 9  | 10  |
| <p>Sloppy Joe's<br/>Potato Wedges<br/>Scand. Veggies<br/>Apple Slices<br/>Ham.Bun Whl/Grn</p>                  | <p>Chicken Parmesan<br/>Penne pasta (whl grn)<br/>Broccoli<br/>Salad/Tom/Car<br/>Banana<br/>WG Wht Bread<br/>Graham Crakers</p>                 | <p>Chili/ Beans<br/>Shredded Cheddar<br/>Salad Tom/Carrots<br/>Peach Cobbler<br/>Crackers Wht/Whl Grn<br/>Salad Dress. French</p>           | <p>Fish (Breaded)<br/>Beets (Pickled)<br/>Green Beans/Frzn<br/>Citrus Fruit Mix<br/>WhWG Brd<br/>Graham Crackers</p>   | <p>Mexican Taco Salad<br/>Shredded Cheddar<br/>Lettuce/D Tomatoes<br/>Pinto Beans<br/>Orange<br/>Nacho Light Chips<br/>Taco Sauce</p>                       |
| 13   | 14  | 15  | 16   | 17  |
| <p>Chicken Patty<br/>Potatoes O'brien<br/>Broccoli<br/>Trop. Fruit Mix<br/>Ham.Bun WhlGrn<br/>Miracle Whip</p> | <p>Meatloaf<br/>Brown Gravy<br/>Country blend veggies<br/>Mashed Potatoes<br/>Peaches/Strawberries<br/>Wheat Dinner Roll</p>                    | <p>Chicken<br/>Diced/Seasoned<br/>Chddr Cheese -RF<br/>Salad Tom/Carrots<br/>Chuckwgn Corn<br/>Apples (Stewed)<br/>Tortilla Whole Wheat</p> | <p>Salisbury Steak<br/>Gravy (Brown)(LS)<br/>Sweet Potatoes<br/>Broccoli<br/>Citrus Fruit Cup<br/>Wheat Bread (WG)<br/>Short Bread Cookies</p>                 | <p>Chicken Strips<br/>Potato Wedges<br/>Salad Tom/Carrots<br/>Orange<br/>Multigrain Bread<br/>Graham Crackers<br/>French Salad Drsng.<br/>Honey Mustard</p> |
| 20   | 21  | 22  | 23   | 24  |
| <p>Beef Mac Casserole<br/>Green Beans<br/>Vanilla Wafers<br/>Banana Pudding<br/>Pears<br/>Wheat bread</p>      | <p>Tilapia (Battered)<br/>Coleslaw-creamy<br/>Sweet Potatoes<br/>Peaches/Strwbrry<br/>White WG Bread<br/>Oat/Raisin Cookie<br/>Tartar Sauce</p> | <p>Meatball Sub<br/>Italian Veg.<br/>Salad/Tom/Carrots<br/>Orange<br/>Hoagie Roll (WG)<br/>Italian Salad Dressing</p>                       | <p>Chicken Fried Steak<br/>Gravy(country)LS<br/>Mashed Potatoes<br/>Green Beans<br/>Citrus Fruit Mix<br/>Wheat Roll/WG<br/>Short Bread Cookies</p>             | <p>Beef Pattie/Amer. Cheese<br/>Tossed Salad<br/>Steak Fries<br/>Banana<br/>WG Hamburger Bun<br/>Dressing/1000 Islnd<br/>Ketchup &amp; Mustard</p>          |
| 27 <b>CLOSED</b>   | 28  | 29  | 30   | 31  |
|  | <p>Pulled Pork<br/>White Corn w/Pepper<br/>Coleslaw w vin /drsng<br/>Apple Slices<br/>Hoagie Roll (WhlGr)</p>                                   | <p>Beef stew w/veggies<br/>Tossed Salad<br/>Banana<br/>Corn Muffin<br/>Ranch Dressing<br/>Oatmeal Raisin<br/>Cookie</p>                     | <p>Turkey-Deli<br/>Cheese Swiss<br/>Salad Tom/Carrots<br/>Potato Salad<br/>Orange<br/>White (WG) Bread<br/>Must/Mayo<br/>French Dressing</p>                   | <p>Chicken (Oven Fried)<br/>Gravy (Chicken)LS<br/>Mashed Potatoes<br/>Green Beans (Frzn)<br/>Orange Sherb./Wht.<br/>CakeWheat Dinner Roll (WG)</p>          |

Menu is subject to change; substitutions may be made if approved by dietician.  
\*Margarine & 1% Milk served w/all meals