


2024

(816)270-4100 MENU for PSSI MOW/Home-Delivered Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Patty Cheese Swiss Potatoes O'brien Broccoli Trop. Fruit Mix Ham.Bun WhlGrn Miracle Whip	2 Beef stew w/veggies Tossed Salad Banana Corn Muffin (Whl/Grn) Ranch Dressing Short Bread Cookies	3 Beef Hot Dog Green Beans/frzn Potato Salad Watermelon Hot Dog Bun Whl/Grn	4 HAPPY 4TH OF JULY!! 	5 CLOSED NO LUNCH SERVED
8 Riblette/BBQ-Sauce Peas &Carrots Coleslaw/Vin. Dressing Hamburger Bun (WG)	9 Chicken Parmesan Penne pasta (whl grn) Broccoli Salad/Tom/Car Banana WG Wht Bread	10 Fish Coleslaw-creamy Sweet Potatoes Tropical Fruit Mix White WG Bread	11 Chicken Diced/Seasoned Chddr Cheese -RF Salad Tom/Carrots Chuckwagon Corn Apples (Stewed) Tortilla Whole Wheat Ranch Dressing Taco Sauce	12 Bar-B-Que Beef Potato Salad Calif Blend Banana Hambgr. Bun (WG)
15 Meatloaf Gravy (Brown)Low So. Fiesta Vegetables Mashed Potatoes Pears/Strawberries Wheat Dinner Roll	16 Chicken Strips Sweet Potato Wedges Salad Tom/Carrots Orange Multigrain Bread Graham Crackers 1000 Island Drsng. Honey Mustard	17 Beef-Mac Casserole Green Beans/frzn Vanilla Wafers Banana Pudding Pears White Bread	18 BBQ Chicken Carrots Potato Salad Trop. Fruit Mix Hamburger Bun (WG)	19 Mexican Taco Salad Shredded Cheddar Lettuce/D Tomatoes Pinto Beans Orange Nacho Light Chips Taco Sauce
22 Fish (Breaded) Green beans/frzn Coleslaw w/vin.dress. Tropical Fruit Mix Mac & Cheese	23 Sloppy Joe Potato Salad Scandinavian Veggies Peaches/Strawberries WG HB Bun	24 Eggs Scrambled Sausage Links/Turkey Hash browns Applesauce WG Biscuit Oatmeal Square	25 Beef Pattie American Cheese Salad Tom/Carrots Steak Fries Banana Hambgr. Bun (WG) Salad Dress. (1000)	26 Chicken Oven Fried Gravy (LS Chicken) Mashed Potatoes Green Beans White Cake Stwbr. Ice Cream White (WG) Bread
29 Seas. Chicken Breast Potatoes Au Gratin Broccoli Pineapple man-o-mix WG Wheat Bread Oatmeal Raisin Cookie	30 Chicken Fried Steak Gravy(country)LS Mashed Potatoes Green Beans Citrus Fruit Mix Wheat Roll/WG	31 Turkey-Deli Cheese Swiss Salad Tom/Carrots Potato Salad Orange White (WG) Bread Must/Mayo French Dressing	YOU MUST CALL 816.270.4100 BY 11 AM THE BUSINESS DAY BEFORE TO ORDER/CANCEL A MEAL	*Margarine & 1% Milk served w/all meals

Menu is subject to change; substitutions may be made if approved by dietician.